

Applies to right-hand traffic

# Staying safe in traffic

## DEKRA tips for your safety



On the safe side.

# Staying safe when you're walking

## Keep an eye on where you're going

It's great being out on your own. Whether you're walking to school, going to play sport, buying some bread or visiting friends – the older you get, the more often your parents let you go out on your own. But please take care! Every day in traffic is different – so keep your eyes open, be sensible on the road and don't mess around. That way, you can stay safe.

### Things to think about:

- ① Avoid distraction by earphones, smartphones, etc.
- ② Light-colored clothing, the bright red DEKRA cap, reflectors and reflective strips on your clothing or bag all make you easy to see
- ③ It's a good idea to walk with friends, but always be careful and pay attention to the traffic



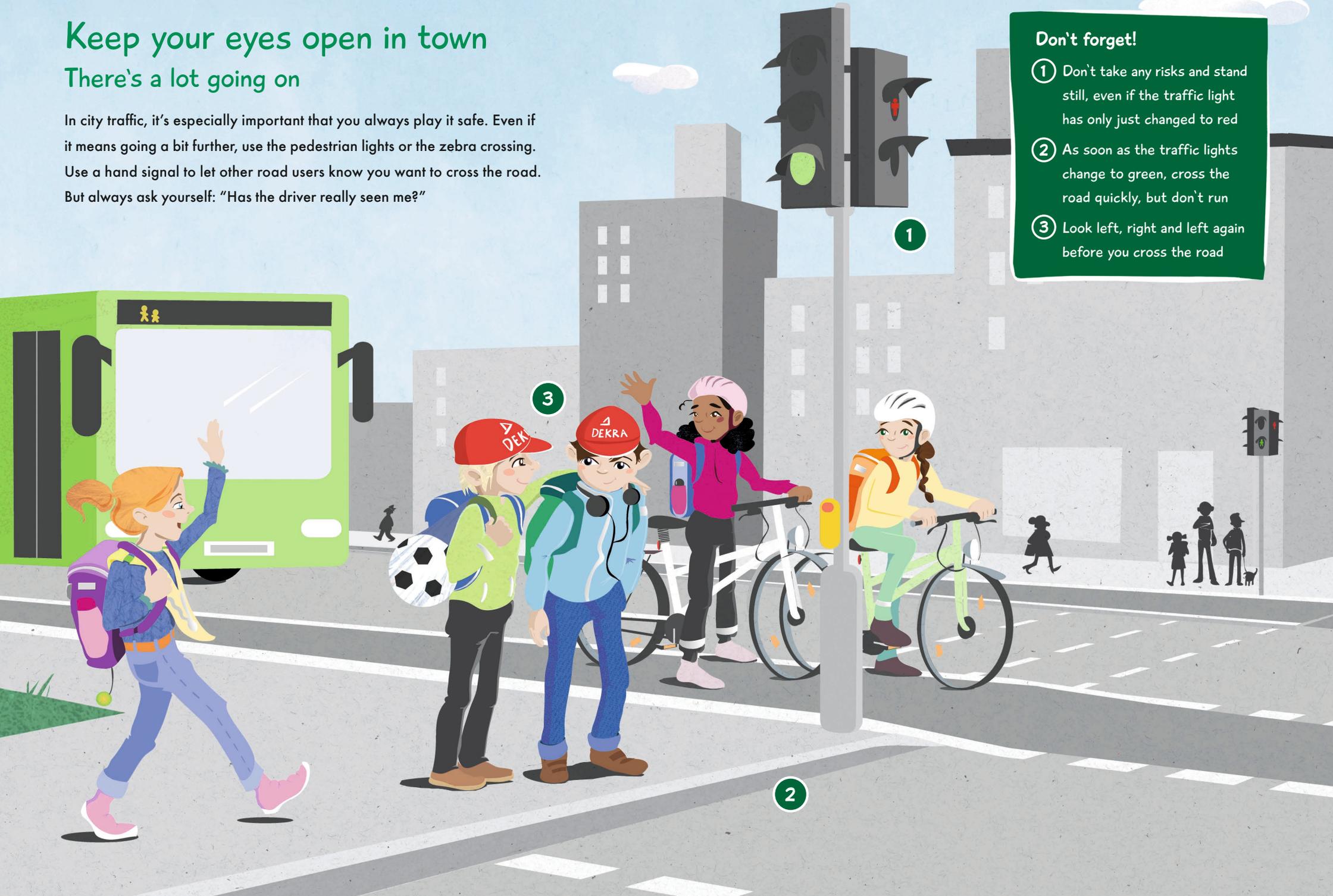
# Keep your eyes open in town

## There's a lot going on

In city traffic, it's especially important that you always play it safe. Even if it means going a bit further, use the pedestrian lights or the zebra crossing. Use a hand signal to let other road users know you want to cross the road. But always ask yourself: "Has the driver really seen me?"

### Don't forget!

- ① Don't take any risks and stand still, even if the traffic light has only just changed to red
- ② As soon as the traffic lights change to green, cross the road quickly, but don't run
- ③ Look left, right and left again before you cross the road



# Be super-careful on your bike

## Here's how to do it right

Cycling is something you have to learn. The first things you need are a safe bike, a helmet and quick reactions. The best places to try out your skills are quiet local streets, cycle paths or parks. Practice on all sorts of different surfaces, uphill and down, before you first ride on the road. Whenever you're cycling, pay attention to everything around you and keep your distance from buses, trucks and cars.



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### Ride smart!

- 1 Proper lights and reflectors are super-important when it's dark, so is reflective clothing. Plus you'll want a waterproof jacket when it's raining
- 2 Smart kids always wear a helmet
- 3 Only use your bell to warn other people that you're coming
- 4 Never try and pass vehicles on a corner - it's really hard for them to see you

# School bus, train and tram

## A cool way to get around

When you're on public transport and the school bus, there are a few things you need to think about. On the train or bus, try and sit down if you can. If you have to stand, you might fall over if the driver puts the brakes on suddenly. So if you are standing, always hold on tight. To feel safer, you may want to make the first few trips with your parents. Be sensible when you're at a bus stop: running around or playing with your friends can be really dangerous. Stay away from the curb as well. Buses often come really close when they're stopping.



### Getting on the bus:

- 1 Wait in the line and don't push to get on
- 2 Sit down for your journey or hold on tight if you have to stand
- 3 If you need to cross the road, wait until the bus or tram has gone

## On the school run Walk the last few meters

To prevent a traffic jam right in front of the school, it's a good idea to let your parents drop you off a short distance away. In some towns, there are specially marked drop-off points about 250 meters from the school. You can easily and safely walk the rest of the way with your friends. This way, you'll learn how to get around on your own in traffic as well.

### Things to check:

- ① Put your seat belt on, even if you're only going a short distance
- ② Use a booster seat in the car if you need one
- ③ Even if your parents hold the door open for you, look left and right before you get out and don't mess around





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